

Stations of the Cross

INTRODUCTORY PRAYERS

ENTRANCE HYMN | [YOUTUBE VIDEO](#)

O Sacred Head Surrounded



1. O sac - red head, sur - round - ed by crown of pierc - ing
2. In this your bit - ter pas - sion, Good Shep - herd, think of
3. Christ Je - sus, we a - dore you, our thorn - crowned Lord and



1. thorn. O bleed - ing head, so wound - ed, re -
2. me with your most sweet com - pas - sion, un -
3. King. We bow our heads be - fore you, and



1. viled and put to scorn. The pow'r of death comes
2. worth - y though I be: be - neath your cross a -
3. to your cross we cling. Lord, give us strength to



1. o'er you, the glow of life de - cays, yet
2. bid - ing for ev - er would I rest, in
3. bear it with pa - tience and with love, that



1. an - gel hosts a - dore you, and trem - ble as they gaze.
2. your dear love con - fid - ing, and with your pre - sence blest.
3. we may tru - ly me - rit a glo - rious crown a - bove.

Priest: + In the name of the Father, and of the Son, and of the Holy Spirit.

All: Amen.

Priest: The Lord be with you.

All: And with your spirit.

Priest: Let us pray.

Father, look upon this family of yours, for which Jesus Christ, your Son, did not hesitate to be betrayed into the hands of wicked men and undergo the torment of the cross.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

All: Amen.

**All: At the Cross her vigil keeping,
Mary stood in sorrow, weeping,
when her Son was crucified.**

THE FIRST STATION

Jesus is condemned to death

Priest: We adore you, O Christ, and we praise you.

All: Because by your holy Cross you have redeemed the world.

Reader: Pilate said to them, "Then what should I do with Jesus who is called the Messiah?" All of them said, "Let him be crucified!" Then he asked, "Why, what evil has he done?" But they shouted all the more, "Let him be crucified!" So he released Barabbas for them; and after flogging Jesus, he handed him over to be crucified.

Matthew 27:22-23,26

Pause for silent prayer.

Priest: Happy those who are persecuted in the cause of right:
theirs is the kingdom of heaven.

**All: Happy those who are persecuted in the cause of right:
theirs is the kingdom of heaven.**

Priest: I have heard the slander of the crowd, Fear is all around me,
As they plot together against me, As they plan to take my life.

**All: Happy those who are persecuted in the cause of right:
theirs is the kingdom of heaven.**

Priest: Let us pray.

All-powerful and eternal God, for proclaiming the truth your Son,
Jesus Christ, was condemned to death by crucifixion. Stir up your
love in our hearts so that we might be ever-faithful to all that You
have told us and fear nothing more than the loss of your friendship
through sin. Through Christ our Lord.

All: Amen.

**All: While she waited in her anguish,
seeing Christ in torment languish,
bitter sorrow pierced her heart.**

THE SECOND STATION

Jesus takes up His Cross

Priest: We adore you, O Christ, and we praise you.

All: Because by your holy Cross you have redeemed the world.

Reader: Pilate said to the Jews, "Here is your King!" They cried out, "Away with him! Away with Him! Crucify him!" Pilate asked them, "Shall I crucify your King?" The chief priests answered, "We have no king but Caesar." Then he handed Jesus over to them to be crucified. So they took Jesus; and carrying the Cross by himself, he went out to what is called The Place of the Skull, which in Hebrew is called Golgotha.

John 19:14-17

Pause for silent prayer.

Priest: Ours were the sufferings he bore, ours the sorrows he carried.

All: Ours were the sufferings he bore, ours the sorrows he carried.

Priest: You have burdened me with bitter troubles
but you will give me back my life.
You will raise me from the depths of the earth;
you will exalt me and console me again.

All: Ours were the sufferings he bore, ours the sorrows he carried.

Priest: Let us pray.

Lord Jesus Christ, you have said, "My yoke is easy and my burden light;" teach us how to carry it that we may win your grace. You are Lord for ever and ever.

All: Amen.

**All: With what pain and desolation,
with what noble resignation,
Mary watched her dying Son.**

THE THIRD STATION

Jesus falls for the first time

Priest: We adore you, O Christ, and we praise you.

All: Because by your holy Cross you have redeemed the world.

Reader: Surely he has born our griefs and carried our sorrows; yet we esteemed him stricken, smitten by God and afflicted. He was wounded for our transgressions, bruised for our iniquities; upon him was the chastisement that made us whole, and by his stripes we are healed. All we like sheep have gone astray; we have turned everyone to his own way; and the Lord has laid on him the iniquity of us all.

Isaiah 53:4-6

Pause for silent prayer.

Priest: Happy are all who put their trust in the Lord.

All: Happy are all who put their trust in the Lord.

Priest: For we are brought down low to the dust;
our body lies prostrate on the earth.
Stand up and come to our help!
Redeem us because of your love.

All: Happy are all who put their trust in the Lord.

Priest: Let us pray.

Father, though we falter under our troubles may we take fresh heart from the passion of your Son. Who lives and reigns for ever and ever.

All: Amen.

**All: Ever patient in her yearning,
through her tear-filled eyes were burning,
Mary gazed upon her Son.**

THE FOURTH STATION

Jesus meets his afflicted mother

Priest: We adore you, O Christ, and we praise you.

All: Because by your holy Cross you have redeemed the world.

Reader: Simeon blessed them and said to Mary his mother: "Behold, this child is set for the fall and rising of many in Israel, and for a sign that is spoken against, and a sword will pierce your own soul too, that the secret thoughts of many may be revealed." And his mother kept all these things in her heart.

Luke 2:34-35,51

Pause for silent prayer.

Priest: Happy those who hear the word of God and keep it.

All: Happy those who hear the word of God and keep it.

Priest: The trust you have shown
shall not pass from the memories of men,
but shall ever remind them
of the power of God.

All: Happy those who hear the word of God and keep it.

Priest: Let us pray.

O Blessed Lord, at your passion a sword of sorrow pierced the loving heart of your Mother as Simeon had foretold. Grant that we who ponder her sorrows with compassion might receive the healing fruits of your sufferings. Who live and reign for ever and ever.

All: Amen.

**All: Who, that sorrow contemplating,
on that passion meditating,
would not share the Virgin's grief.**

THE FIFTH STATION

Simon of Cyrene helps Jesus carry His Cross

Priest: We adore you, O Christ, and we praise you.

All: Because by your holy Cross you have redeemed the world.

Reader: After mocking Jesus, the soldiers stripped him of the purple robe and put his own clothes on him. Then they led him away to crucify him. As they went out, they came upon a man from Cyrene named Simon; they compelled this man to carry his Cross.

Matthew 27:31-32

Pause for silent prayer.

Priest: Carry each other's troubles and fulfil the law of Christ.

All: Carry each other's troubles and fulfil the law of Christ.

Priest: For my life is spent with sorrow
and my years with sighs.
Affliction has broken down my strength
and my bones wasted away.

All: Carry each other's troubles and fulfil the law of Christ.

Priest: Let us pray.

Lord Jesus Christ, help us to see in the sufferings and shortcomings of our lives a share in Your Cross; strengthen and console us in the belief that we bear all things in union with You, who have taken upon Yourself even our guilt. Who live and reign for ever and ever.

All: Amen.

**All: Christ she saw, for our salvation
scourged with cruel acclamation,
bruised and beaten by the rod.**

THE SIXTH STATION

Veronica wipes the face of Jesus

Priest: We adore you, O Christ, and we praise you.

All: Because by your holy Cross you have redeemed the world.

Reader: "Lord, when did we see you hungry and feed you; or thirsty and give you drink? And when did we see you a stranger and take you in; or naked and clothe you? Or when did we see you sick, or in prison and come to you?" And answering, the King will say to them, "Amen, I say to you, as long as you did it to one of these, the least of my brethren, you did it to me."

Mt 25:37-40

Pause for silent prayer.

Priest: Happy are the pure in heart: they shall see God.

All: Happy are the pure in heart: they shall see God.

Priest: It is your face, O Lord, that I seek;
hide not your face.
Dismiss not your servant in anger;
you have been my help.

All: Happy are the pure in heart: they shall see God.

Priest: Let us pray.

Almighty and ever-loving God, we feel your love and understanding in the consolation and support we receive from one another. Give us, we beg You, the courage and dedication to sacrifice and suffer with those who are in need, the least of your people. Through Christ our Lord.

All: Amen.

**All: Christ she saw with life-blood failing,
all her anguish unavailing,
saw him breathe his very last.**

THE SEVENTH STATION

Jesus falls the second time

Priest: We adore you, O Christ, and we praise you.

All: Because by your holy Cross you have redeemed the world.

Reader: "If the world hates you, know that it has hated me before you. If you were of the world, the world would love what is its own. Because you are not of the world, but I have chosen you out of the world, therefore the world hates you. Remember the word that I have spoken to you: No servant is greater than his master. If they have persecuted me, they will persecute you also."

John 15:18-20

Pause for silent prayer.

Priest: From all their afflictions God will deliver the just.

All: From all their afflictions God will deliver the just.

Priest: Through your anger all my body is sick;
through my sin there is no health in my limbs.
My guilt towers higher than my head;
It is a weight too heavy to bear.

All: From all their afflictions God will deliver the just.

Priest: Let us pray.

Lord Jesus Christ, you have borne all our burdens and you continue to carry us. Our weight has made you fall. Lift us up, so that we may lift others up. Give us hope at every moment of darkness, so that we may bring your hope to the world. Through Christ our Lord.

All: Amen.

**All: Mary, fount of love's devotion,
let me share with true emotion
all the sorrow you endured.**

THE EIGHTH STATION

Jesus meets the women of Jerusalem

Priest: We adore you, O Christ, and we praise you.

All: Because by your holy Cross you have redeemed the world.

Reader: Following Jesus there was a great crowd of people, and among them were some women who were wailing and lamenting for him. Jesus turned to them and said, "Daughters of Jerusalem, do not weep for me but weep for yourselves and your children."

Luke 23:27-28

Pause for silent prayer.

Priest: Repent and believe the Good News.

All: Repent and believe the Good News.

Priest: A new heart I will give you,
and a new spirit I will put within you:
and I will take out of your flesh the heart of stone
and give you a heart of flesh.

All: Repent and believe the Good News.

Priest: Let us pray.

Beloved Jesus, with tears of pity these women of Jerusalem responded to You, broken, bruised and beaten, on the road to Calvary. Deepen our faith, we ask You, so that we may see You in our brothers and sisters, bruised by our envy, beaten down by injustice, and broken by our greed and indifference. Who lives and reigns for ever and ever.

All: Amen.

**All: Virgin, ever interceding,
hear me in my fervent pleading:
fire me with your love of Christ.**

THE NINTH STATION

Jesus falls a third time

Priest: We adore you, O Christ, and we praise you.

All: Because by your holy Cross you have redeemed the world.

Reader: It is good for a man that he bear the yoke in his youth. Let him sit alone in silence when he has laid it on him; let him put his mouth in the dust – there may yet be hope; let him give his cheek to the smiter, and be filled with insults. For the Lord will not cast off for ever, but, though he cause grief, he will have compassion, according to the abundance of his steadfast love.

Lamentations 3:27-32

Pause for silent prayer.

Priest: The spirit is willing but the flesh is weak.

All: The spirit is willing but the flesh is weak.

Priest: Though parched and exhausted with waiting
I have not forgotten your commands.
How long must your servant suffer?
When will you judge my foes?

All: The spirit is willing but the flesh is weak.

Priest: Let us pray.

Almighty and eternal God, You permitted your Son to be weakened and crushed so that He might rise from the dead freed from the effects of sin. Help us to accept our weaknesses and failings as the path to eternal life in union with your Son. Who lives and reigns for ever and ever.

All: Amen.

**All: Mother, may this prayer be granted
that Christ's love may be implanted
in the depths of my poor soul.**

THE TENTH STATION

Jesus is stripped of His clothes

Priest: We adore you, O Christ, and we praise you.

All: Because by your holy Cross you have redeemed the world.

Reader: They gave Jesus wine to drink mixed with gall; but when He had tasted it, He would not drink. Then, after they had crucified Him, they divided His clothes, casting lots, to fulfil what was spoken through the prophet: "They divided my clothes among them, and for my garment they cast lots."

Matthew 27:34-35

Pause for silent prayer.

Priest: Happy are the poor in spirit; theirs is the kingdom of heaven.

All: Happy are the poor in spirit; theirs is the kingdom of heaven.

Priest: They divide my clothing among them.

They cast lots for my robe.

O Lord, do not leave me alone,

my strength make haste to help me.

All: Happy are the poor in spirit; theirs is the kingdom of heaven.

Priest: Let us pray.

Lord Jesus Christ, stripped of everything, You stood exposed to the jeers and contempt of the people whom you loved. Clothe us with genuine love of others, so that nothing we suffer may ever fill our hearts with hatred or bitterness. Who live and reign for ever and ever.

All: Amen.

**All: At the Cross, your sorrow sharing,
all your grief and torment bearing,
let me stand and mourn with you.**

THE ELEVENTH STATION

Jesus is nailed to the Cross

Priest: We adore you, O Christ, and we praise you.

All: Because by your holy Cross you have redeemed the world.

Reader: Two robbers were crucified with him, one on the right hand and one on the left. And those who passed by derided him, wagging their heads and saying, "You who would destroy the temple and build it in three days, save yourself! If you are the Son of God, come down from the Cross." So also the chief priests with the scribes and elders mocked him, saying, "He saved others; he cannot save himself. He is the King of Israel; let him come down now from the Cross and we will believe in him".

Matthew 27:37-42

Pause for silent prayer.

Priest: Here am I Lord; I come to do your will.

All: Here am I Lord; I come to do your will.

Priest: Many dogs have surrounded me,
A band of the wicked beset me.
They tear holes in my hands and my feet
And lay me in the dust of death.

All: Here am I Lord; I come to do your will.

Priest: Let us pray.

Lord Jesus Christ, bring to the glory of the Resurrection the people you have redeemed by the wood of the Cross. Who live and reign for ever and ever.

All: Amen.

**All: Fairest maid of all creation,
Queen of hope and consolation,
let me feel your grief sublime.**

THE TWELFTH STATION

Jesus dies on the Cross

Priest: We adore you, O Christ, and we praise you.

All: Because by your holy Cross you have redeemed the world.

Reader: It was now about the sixth hour and with the sun eclipsed, a darkness came over the whole land until the ninth hour. The veil of the temple was torn right down the middle; and when Jesus cried out in a loud voice, he said, "Father, into your hands I commit my spirit." With these words he breathed his last.

All kneel in silent prayer.

Priest: Father, I put my life in your hands.

All: Father, I put my life in your hands.

Priest: But as for me, I trust in you, Lord,
I say, "You are my God."
My life is in your hands, deliver me
from the hands of those who hate me.

All: Father, I put my life in your hands.

All stand.

Priest: Let us pray.

Father, unite us in mind and heart with Jesus, your Son, that when we die we may commit ourselves trustingly into your hands. Through Christ our Lord.

All: Amen.

**All: Saviour, when my life shall leave me,
through your mother's prayers receive me
with the fruits of victory.**

THE THIRTEENTH STATION

The body of Jesus is taken down from the Cross

Priest: We adore you, O Christ, and we praise you.

All: Because by your holy Cross you have redeemed the world.

Reader: When the soldiers came to Jesus and saw that he was already dead, they did not break his legs. Instead, one of the soldiers pierced his side with a spear, and at once blood and water came out. After these things, Joseph of Arimathea, who was a disciple of Jesus, though a secret one for fear of the Jews, asked Pilate to let him take away the body of Jesus. Pilate gave him permission; so he came and removed his body.

John 19:33-34,38a

Pause for silent prayer.

Priest: If we live, we live for the Lord; if we die, we die for the Lord.

All: If we live, we live for the Lord; if we die, we die for the Lord.

Priest: "Let your face shine on your servant.

Save me in your love."

Be strong, let your heart take courage,
all who hope in the Lord.

All: If we live, we live for the Lord; if we die, we die for the Lord.

Priest: Let us pray.

Beloved Saviour, You returned to the Father all that He had given You, and He restored you to life in Your glorious Resurrection. Help us, we beg You, to give generously of ourselves, that we might share in Your Resurrection. Who live and reign for ever and ever.

All: Amen.

**All: Virgin, in your love befriend me,
at the judgment day defend me,
help me by your constant prayer.**

THE FOURTEENTH STATION

Jesus is laid in the tomb

Priest: We adore you, O Christ, and we praise you.

All: Because by your holy Cross you have redeemed the world.

Reader: Joseph of Arimathea took the body of Jesus and, wrapping it in a clean linen cloth, he laid it in his new tomb, which he had hewn out of rock. Then he rolled a large stone against the entrance of the tomb and departed.

Matthew 27:59-60

Pause for silent prayer.

Priest: I will lie down in peace and sleep comes at once.

All: I will lie down in peace and sleep comes at once.

Priest: The Lord is my shepherd,
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose.
Near restful waters he leads me
to revive my drooping spirit.

All: I will lie down in peace and sleep comes at once.

Priest: Let us pray.

Lord Jesus, our Redeemer, you willingly gave yourself up to death, so that all might be saved and pass from death to life. Welcome into eternal happiness all the faithful departed, especially those we have known. Who live and reign for ever and ever.

All: Amen.

**All: Let me to your love be taken,
let my soul in death awaken
to the joys of paradise.**

CONCLUDING PRAYERS

Priest: Let us pray.

Lord Jesus Christ, our risen Saviour, unite us with yourself in redeeming the world. As we walk the way of salvation turn us away from sin that we may live faithful to the Gospel and come to the glory of the Kingdom. Where you live and reign with the Father in the unity of the Holy Spirit, one God, for ever and ever.

All: Amen.

Priest: Let us pray for the intentions of the Holy Father, Pope N.:

**All: Our Father
Hail Mary
Glory be**

Priest: The Lord be with you.

All: And with your spirit.

Priest: Bow your heads and pray for God's blessing.

Lord God, send down your abundant blessing upon your people, who have devoutly recalled the death of your Son in the sure hope of the Resurrection. Grant them pardon; bring them comfort. May their faith grow stronger and their eternal salvation be assured.

Through Christ our Lord.

All: Amen.

Priest: May almighty God bless you, the Father and the + Son, and the Holy Spirit.

All: Amen.

RECESSIONAL HYMN

When I Survey the Wondrous Cross



1. When I sur - vey the won - drous cross on
2. For - bid it, Lord, that I should boast, save
3. See from his head, his hands, his feet, what
4. Were all the realm of na - ture mine, that



1. which the Prince of glo - ry died, my
2. in the death of Christ my God; the
3. grief and love flow min - gling down; when
4. were an off - 'ring far too small; love



1. rich - est gain I count but loss, and
2. vain de - lights that charm me most: I
3. did such love and sor - row meet, or
4. so a - maz - ing, so di - vine, de -



1. pour con - tempt on all my pride.
2. sa - cri - fice them to his blood.
3. thorns com - pose so rich a crown?
4. mands my soul, my life, my all.

